

BURY

& West Suffolk magazine

SECRET TRYSTS IN SUFFOLK

Our county's connection with
Wallis Simpson & Edward VIII

LOVE LIFE IN THE COUNTRYSIDE

Suffolk's nature
reserves and wildlife

OLIVIA NEWTON-JOHN

A tribute to a
much-loved icon

GO GREEN

Botanical designs and
creating your own oasis

PEOPLE **FOOD & DRINK** FASHION **ART** INTERIORS **HEALTH & BEAUTY** EVENTS

THE INDEPENDENT MULTI-AWARD WINNING **FREE REGIONAL MAGAZINE**

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Short breaks for September

Immerse yourself in nature and the beauty of these wondrous places, eco-retreats and more by Lulu Townsend

Ecole d'olargues, Languedoc, France

It was love at first sight when the Belgian owners stumbled across this old boarding school in Olargues back in 2015. In the summer of 2017, they opened a restaurant and an art gallery, followed by the renovation and creation of five stylish and modern rooms and suites which opened in 2020, but it doesn't stop there! After they had completed the landscaping of the garden and vegetable garden, they set about writing a book on plant-based recipes which was published this year. In 2022 there was even the addition of a pool, gym and petanque court. Take a dip in the river via the private steps and soak up the pretty views before enjoying an aperitif and the convivial atmosphere in the restaurant. Open from June to mid-September.

Rates from £120 per night
www.ecoleolargues.com



No.15 Bath, Somerset

The owners think that No.15 is everything a good hotel should be, and I tend to agree. What is that you ask? First of all, it's in Bath and in one of the grandest streets; the listed building is elegant and full of history with stylish interiors and vibrant and eye-catching artwork. The restaurant offers an outstanding small, decidedly British menu and can also make you a picnic to take to nearby Henrietta Park. The 36 unique rooms and suites are relaxing and luxurious with great design, coffee stations, treat pantry and Crossley record players. The spa nurtures real relaxation with bespoke therapies delivered by healing hands; the eco-luxury products used in the spa are formulated and blended in Britain by Pinks Boutique. Most importantly the happy and helpful hosts ensure that every guest feels at home.

Rates from £174
www.guesthousehotels.co.uk



Ca Maria Adele, Venice

Ca Maria Adele is owned by brothers Alessio and Nicola Campo and is one of the best places to stay in Venice. A stunning 16th-century palazzo has been converted into a theatrical and luxurious boutique hotel located at the southern tip of the Dorsoduro and just one stop from Piazza San Marco. This unique gem has its own canal entrance so you can arrive either by water taxi or vaporetti. The 12 rooms are richly furnished with plenty of velvet, damask and originality, especially in the five themed rooms. One of the three suites boasts its own outside terrace and sitting room, perfect if you're after privacy and romance. Breakfast is a feast with over 70 different choices served in your room or the opulent 'salone' upstairs. The staff are some of the best in the city, friendly and impeccably trained.

Rates from £307
www.camariaadele.it



Walking Your Promise, Gloucestershire

These private 'learning through nature' eco-retreats draw on Danny Shmulevitch's experiences growing up in the Sinai Desert and living with the semi-nomadic Sawad tribe near his family home in Galilee. From his beautifully restored farmhouse, you'll make the short walk to the forest and wild and open grassland of May Hill and you'll find yourself at one with nature. Expect to sleep in comfort under the stars, held by the beauty of the ancient woodland and discover the orientation of your energy field. As you immerse yourself in nature, you're likely to connect to your inner truth, which can help you make decisions about yourself and your life. The retreats can be done solo, or in a closed group of your own making.

Rates from £295 for 2 days
www.queenofretreats.com



The Bishop & The Bison, York

A relaxed, light and modern B&B in an elegant Victorian terrace in York's smart Clifton area that skilfully reflects the owners' love of Victoriana and Americana! Run with charm and thoughtfulness by Jonathan and Anthony, the interiors showcase their love of both the US and York with a selection of spectacular art by start-up artists from Yorkshire and rural townships in the United States. The eight bedrooms have bright shower-only bathrooms with Noble Isle products. Founded on the principles of Yorkshire hospitality and British warmth, The Bishop & The Bison offers great value and an award-winning breakfast with hot and vegetarian options, the gin menu isn't bad either!

Rates from £125
www.bishopofyork.com

For more recommendations on where to go in September visit Lulu's website www.lulusluxurylifestyle.uk

72 Riad Living, Marrakech

72 Riad Living is one of the trendiest riads in the medina with authentic Moroccan interiors, contemporary design and brilliant location. You'll find this hip hideaway in the renovated Bab Doukkala district of the medina which is dotted with fashionable shops and independent boutiques. All of the spacious rooms have contemporary en-suite bathrooms decorated in traditional tadelakt and come with complimentary organic nectarome toiletries. Add to this a basket of terrace towels, fresh roses, fruit and plenty of complimentary water you'd be forgiven for thinking you're in a 5-star hotel. Book room 8 on the ground floor: it's huge with a massive bed and a large, luxurious en-suite bathroom. The rooftop skybar enjoys incomparable views across the red city to the Atlas Mountains and they make a mean cocktail at a very reasonable price. 2022 sees the opening of a new cocktail and juice bar, two new pools, a double hammam and three massage rooms. Just a 5-minute walk to Jemaa el-Fnaa it's the perfect sunny short break.

Rates from £160
www.thehotelguru.com or www.riadliving.com

